



# Rosh Hashanah

Sundown, September 15, 2023 - Sundown, September 17, 2023

## DID YOU KNOW

- Rosh Hashanah is the beginning of the Jewish new year. It is the first of the High Holy Days or “Days of Awe”, a period of serious reflection about the past year and the year to come.
- The Days of Awe, which continue until Yom Kippur, is a time for asking forgiveness from God and people, and for committing oneself to live a better life in the year to come.
- Many traditional foods such as apples dipped in honey or honey cake are eaten during the Days of Awe.
- L’shana Tova, “Happy New Year,” “Have a healthy and sweet New Year,” and “May you be inscribed for a year of good health and happiness” are common greetings during this time.