



## Preferred Primary Care Physicians

- By developing a relationship with a Primary Care Physician (PCP), you are ensuring that other physicians and medical staff within the practice also know your personal medical history. This “health care team” can more easily detect patterns in your health and recommend lifestyle changes to prevent future complications requiring expensive specialty care. For example, simple testing during a visit with your PCP can reveal health problems, such as high blood pressure, that may go unnoticed leading to more serious issues later in life. Research shows that patients who regularly visit their primary care physicians have fewer hospitalizations and emergency visits than those who do not utilize primary care doctors. Waiting too long to see a doctor or ignoring symptoms can lead to a hospitalization or an ER visit, two of the most expensive and overwhelming outcomes for patients.
- Contact the Executive Health and Company Wellness team to receive a Preferred Primary Care Physician in your region. These Preferred Physicians except United Healthcare Insurance and tend to get our Discount Tire employee’s and family members scheduled for an appointment earlier than other Physicians.
- **Cameron Sharp** (Director of Executive Health and Company Wellness) **480-606-6792**
- **Kevin Stock** (Nurse Assistant Manager) **480-606-6187**
- **Anna Phillips** (Principal Nurse Case Manager) **480-606-7332**
- **Carrie Jankowski** (Senior Nurse Case Manager) **480-606-6448**

