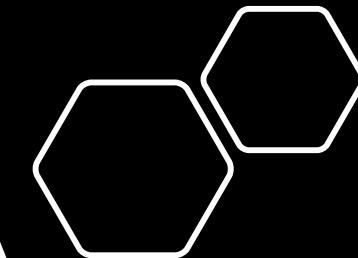




GARDENING

Starting Small
Windowsill Potted Herbs





Provided by: Human Resources
Designed by: Executive Health

NO GREEN THUMB?

Not to worry...we have included a link to an affordable planter box for all your beginner planting ease!

Look at this...indoor herb garden starter kit with the 4 most popular kitchen herbs for your cooking pleasures!

Easy to use...step-by-step guide for guaranteed success!

[Indoor Herb Garden Starter Kit](#)
sold by Loako on Amazon



Items you will need for your DIY project:

- Mason Jars (or any jar will do)
- Popsicle Sticks
- Herb Seeds
- Rocks
- Soil

Create your herb garden

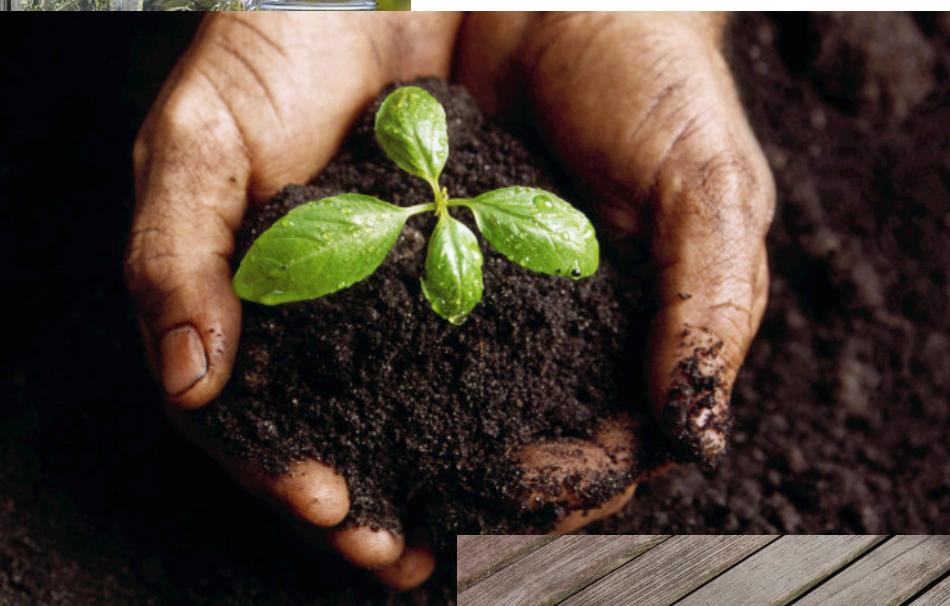
1. Start with your Mason jar
2. Add rocks
3. Add soil
4. Sprinkle seeds
5. Cover with soil
6. Insert popsicle stick labeled with your herb type

NEED AN INEXPENSIVE ALTERNATIVE?

Not to worry...we've got you covered!

Try this affordable DIY windowsill potted herb garden for under \$15.00

Want step-by-step instructions?
Search for the YouTube video:
DIY Mason Jar Herb Garden
by Pepper and Pine



WHERE CAN I FIND SUPPLIES?

Not to worry...we've provided a list!

Mason Jars \$1.00 and under:

Dollar Store, Dollar Tree, Walmart, Hobby Lobby

Popsicle Sticks \$1.00 and under:

Dollar Store, Dollar Tree, Walmart, Michaels

Seeds Packet \$3.00 and under:

Dollar Store, Walmart, Home Depot, Lowe's

Rocks free ☺ and under:

Any Arizona Landscapes

Soil:

Home Depot, Lowe's, Walmart, Local Nursey



Yummy



Fresh



HOW TO USE YOUR HERBS?

Look at this...we have included four easy recipes that will be sure to WOW family members using your home-grown herb garden!

Parsley:

[Whole Wheat Spaghetti with Corn & Parsley recipe](#)
from TheKitchn.com

Basil:

[Rachael Ray's Caprese Salad recipe](#)
from FoodNetwork.com

Chives:

[Crispy Salt-and-Vinegar Potatoes recipe](#)
from Epicurious.com

Cilantro:

[Cilantro Lime Chicken recipe](#)
from BudgetBytes.com