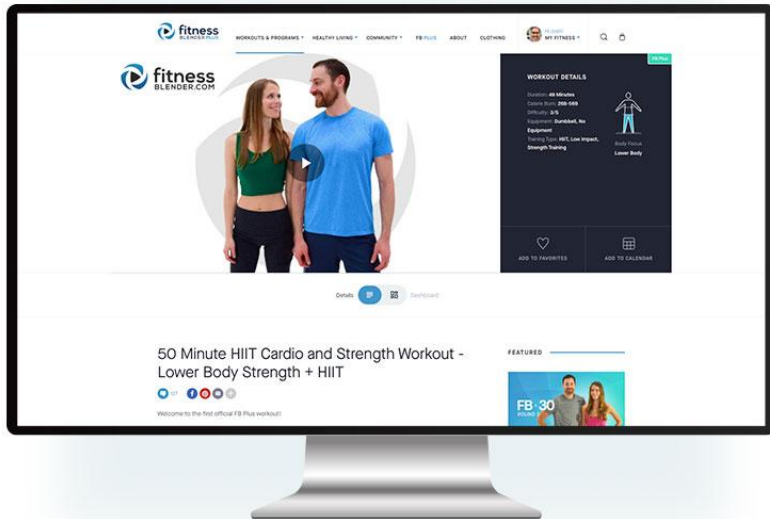




# Welcome to Fitness Blender

DISCOUNT TIRE HEALTH & WELLNESS EVENT



24/7 access to an unparalleled on-demand video library without the hassle of joining a class and starting at a specific time means you can use this benefit at home on your time.

## 30-Day Free Trial > Registration Open

Visit [GoFB.info/DiscountTire](https://GoFB.info/DiscountTire) and use code 815910

## A Trusted Resource

Professional, Approachable, and Effective

- ✓ 600+ Full length workout videos  
**Filter/Search** by duration, calories, body focus, training type  
**Surprise Me** smart search feature takes the guesswork out
- ✓ 100+ Healthy Living articles growing weekly
- ✓ 200+ Recipes and a supportive healthy eating community

## Looking for a good place to Start? Join a Challenge!

- ✓ **Beginner Challenge:** FB Beginner Challenge (under 20 minutes a day)
- ✓ **Intermediate Challenge:** FB Burn Challenge (under 37 minutes a day)
- ✓ **Advanced Challenge:** FB Fit Challenge (up to 50 minutes a day)