



Herb-Themed Gardens

There is nothing more rewarding than creating your own herb garden. Herbs have many uses—from culinary to medicinal—and are surprisingly easy to care for. At SummerWinds Nursery, our experts can show you how to grow herbs in your own yard or home. Selecting which herbs to plant can be overwhelming. One way to alleviate this is to create a theme-based herb garden. If you like to cook try growing basil or growing garlic in a culinary or kitchen themed herb garden. You can also try growing rosemary in a Mediterranean themed garden or growing parsley in an herb garden to attract beneficial insects.

When selecting a theme for your herb garden, think about your daily life. What are your favorite foods or activities? Are you passionate about cooking? Then maybe growing basil or growing garlic in a culinary themed garden is right for you. If you like meditation and serene settings, perhaps growing more fragrant and flowering herbs such as lavender, sage and thyme would be best for you. Whatever your passion, the experts at SummerWinds Nursery can teach you how to grow herbs that will fit your lifestyle.

Some of the most popular themes for an herb garden are:

Medicinal: Herb Themes If you love using plants and other natural remedies, then a medicinal herb garden is for you! Plants such as aloe vera, horehound and purple coneflower are popular choices.

Culinary: Whatever your culinary taste, there's an herb garden to compliment your kitchen. For a pizza lover, try growing garlic or growing basil. If you love to grill, try growing rosemary, dill or thyme. If you love the spicy flavors of the southwest try adding chili peppers to your herb garden.

Wildlife: If you appreciate the beauty of nature and want to encourage wildlife in your yard, planting herbs such as yarrow, desert-willow or bee-balm will attract butterflies, bees and hummingbirds.

Aromatherapy: To create an herb garden for aromatherapy, try growing basil, sage, peppermint, lemon balm or thyme.

Tea: You can also grow your own herbs for tea. Some of the more flavorful herb choices are lemon balm, lemon verbena, mint and chamomile.

For more information on selecting herbs or how to grow herbs in your garden, stop by your local SummerWinds Nursery today and let our Trusted Garden Advisors help you design an herb garden to suit your needs.

We pride ourselves on the having the highest quality plants and most knowledgeable staff available to help you achieve your healthy garden goals!

Learn more at [SummerWindsNursery.com](https://www.SummerWindsNursery.com)

