



Positive Affirmations



If you are always trying to be normal,
you will never know how

AMAZING

you can be.

Jump start your day with a

Positive Affirmation

to help inspire your best life, one day at a time.

Try these free downloadable apps to get started:

- **Mindfulness.com**
- **Life Inspirational Quotes**
- **Daily Motivational Quotes**
- **Motivational Quotes**
- **Best Lessons in Life Quotes**
- **Always Positive**