



Weigh In Weekly – Starting Tuesday, April 11

Submit your weight weekly using the appropriate QR code below. Each week you submit, you are automatically entered into weekly weigh-in raffles for prizes!

Initial Weigh-In

APRIL 11

*Required to be eligible for prizes

Midpoint Weigh-In

MAY 16

Final Weigh-In

JUNE 20

*Required to be eligible for prizes

- Weigh-in inks are open Tuesday – Friday (closing at Midnight on Friday each week), except for Initial and Final weigh-in links closing Wednesdays at Midnight.
- Weights submitted go directly to our benefit broker and are confidential.
- ALL participants, including all five members of each team, MUST submit initial and final weights to be eligible for final prizes.

Weighing in weekly throughout the contest will help you stay on track.

Did you miss a week? No worries! Get back on track and submit today.



Maintain



Lose Weight on My Own



Lose Weight on a Team

*All five members of the team must submit their own weight