

SAFETY FOCUS

APRIL 2021

DISCOUNT[®] AMERICA'S[®]
TIRE TIRE

LET'S GET YOU TAKEN CARE OF[®]

DISTRIBUTION CENTERS

This year, we will be working with you to encourage safety participation from everyone at your Distribution Center. To do this, you will have your own DC safety specific topics.

ACTION ITEMS

- Complete the DTU training
- Review and share the safety topic with your people
- Leave feedback



INSTRUCTIONS

In the next pages, you will see DTU Extended Learning training modules as well as a safety topic for the month. ➤

We have included these safety topics as they pertain to you and your people.

- 1 Print out this Focus, review the information, and **complete the action items**.
- 2 Each section has action items to help you and your team completed this Safety Focus. **Review each section carefully.**
- 3 Each Safety Leader will need to **complete the DTU training module** for the month. You will be required to complete a course test following the training module.
- 4 Once all the action items are completed, **have a group discussion** about your findings and answer your feedback questions as a team.



Total Recordable Incident Rate

TRIR is the number of work-related injuries per 100 full-time workers.

A recordable injury is one that's more serious requiring treatment beyond first aid.

Month_Year	TRIR_YOY
FEB 2020	0
FEB 2021	0

TRIR can be used on its own to look at the organization's past safety performance: the lower the number, the better.

FEEDBACK ON THIS MONTH'S TOPIC

All feedback must be submitted through the Safety Feedback Portal.

Safety Leader: You will find the feedback questions at the end of this Safety Focus.

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FALL PREVENTION DTU EXTENDED LEARNING

This month's course is on fall prevention. This course is intended to provide employees who might be exposed to fall hazards with the ability to recognize such hazards and provide control measures to minimize their risk. The content in this course is designed to comply with the intent of the applicable regulatory requirements.

Follow the instructions below to log in and complete your DTU Extended Learning training module.

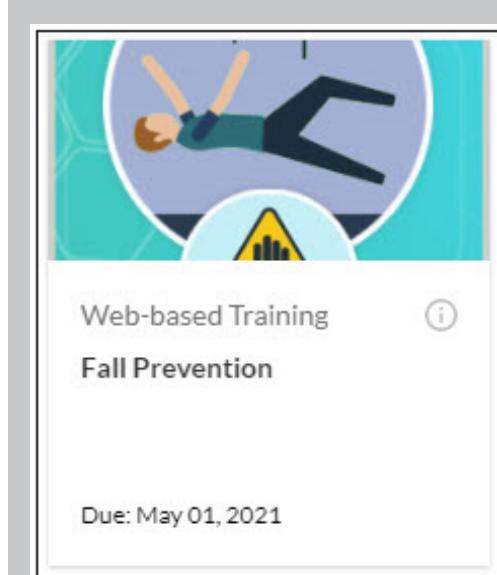
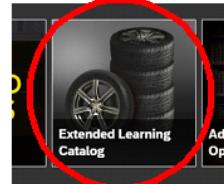
Log in to the DTU Extended Learning Catalog:

- Log in to DTU on the Knowledge Center
- Locate the Extended Learning Catalog

 For first time logging in to the Extended Learning Catalog, follow the instructions by [clicking here](#)

- Click on View Compliance and select your training module

If you have any questions during the login process, please contact
dtu_learning@discounttire.com



Complete the Training Module:

- Complete the *Fall Prevention* training module
- After completing the training module, you will be required to **complete a course test**

DTU Acknowledgement:

- After reviewing the monthly training module with your people, have them log into their DTU and complete the *Fall Prevention* acknowledgement.



PREVENTING HAND INJURIES AT WORK

You need your hands for most common activities, especially at work, so preventing hand injuries is something we should all have at the front of our minds. This month we will review behaviors and actions we can coach to Our People and identify some high risk areas of the DC.

The Why: Hand Injury Prevention Matters

Hand injuries are particularly important to avoid because, not only are hands critical to everyday life and work tasks, they're hard to fix and heal. Prevention also matters because it works: with the right approach, hand injuries are almost completely avoidable.

Raising awareness can help prevent injury. Keep in mind injuries requiring medical attention also raises our Total Recordable Incident Rate.

The What: Which type of hand injury prevention should you focus on?

The most common hand injuries are lacerations and punctures. These are often hand tool injuries caused by box cutters or knives. Other common hand and finger injuries include: Smashes, Pinches, Crushes, and Impacts from trips or falls.

Several of these injuries are likely to occur in high risk areas of our Distribution Center. That doesn't mean they can't happen in other areas as well. Identify areas in your DC and think about the process. What specific actions are required to avoid injury?

The How: How to prevent injuries in the DC

Coach your people to be Safety and Quality Focused at all times.

There are several steps we can take to help prevent injury. Coaching safety awareness and targeting certain areas can play a big role. Coach to specific behaviors in these areas and others like them. Areas like:

Balancer: Always use the lift and keep your hands away from the spindle. Make sure Our People know how to use the wheel weight hammer. NEVER try to stop a loose assembly with your hands. Leave the hood down and use the foot break.

Satsim Stud Machine: Make sure there is good lighting. Keep your fingers away from the stud head. If you do need to adjust the stud head, take your foot off the footpedal.

Heat Cycle Machine: Keep hands and tools away from the machine while it is running. Do not leave tools on top of the machine. Never adjust the rollers while the machine is running. Shut it down if adjustments need to be made.

Always stay alert and focused on keeping your hands safe

When loading the line or trailers, be aware of your surroundings.

- Look for hidden hazards like debris or broken tools.
- Never attempt to catch falling items. This can lead to punctures or finger smashes. Product and tools can be replaced. Fingers and hands can not!

When you think about it, the hand is actually your most commonly-used tool. Keep your hands protected so they serve you for a lifetime of use!

Review and Share:

- Review the information on this page
- Share the information with your people

FEEDBACK ON THIS MONTH'S TOPIC

1. Did you find the information in the training module beneficial? How will you apply what you learned about fall prevention?
2. What are some areas within the DC where hand injuries can occur. What will you do to prevent them?