

SAFETY FOCUS

JULY 2021



LET'S GET YOU TAKEN CARE OF®

DISTRIBUTION CENTERS

This year, we will be working with you to encourage safety participation from everyone at your Distribution Center. To do this, you will have your own DC safety specific topics.

ACTION ITEMS

- Complete the DTU training
- Review and share the safety topic with your people
- Leave feedback



Fall Arrest System Your Personal Protection

INSTRUCTIONS

In the next pages, you will see DTU Extended Learning training modules as well as a safety topic for the month. ➤

We have included these safety topics as they pertain to you and your people.

- 1** Print out this Focus, review the information, and **complete the action items**.
- 2** Each section has action items to help you and your team complete this Safety Focus. **Review each section carefully.**
- 3** Each Safety Leader will need to **complete the DTU training module** for the month. You will be required to complete a course test following the training module.
- 4** Once all the action items are completed, **have a group discussion** about your findings and answer your feedback questions as a team.



Total Recordable Incident Rate

TRIR is the number of work-related injuries per 100 full-time workers.

A recordable injury is one that's more serious requiring treatment beyond first aid.

Month_Year	TRIR_YOY
MAY 2020	19.27
MAY 2021	22.58

TRIR can be used on its own to look at the organization's past safety performance: the lower the number, the better.

FEEDBACK ON THIS MONTH'S TOPIC

All feedback must be submitted through the Safety Feedback Portal.

Safety Leader: You will find the feedback questions at the end of this Safety Focus.

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SPRAINS AND STRAINS DTU EXTENDED LEARNING

The course is designed to help you better understand sprains and strains so you will be more aware of what you are doing and how you are doing it, in an effort to prevent this type of injury from happening to you.

Follow the instructions below to log in and complete your DTU Extended Learning training module.

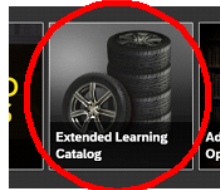


Log in to the DTU Extended Learning Catalog:

- Log in to DTU on the Knowledge Center
- Locate the Extended Learning Catalog



For **first time logging in to the Extended Learning Catalog**, follow the instructions by [clicking here](#)



- Click on View Compliance and select your training module

If you have any questions during the login process, please contact
dtu_learning@discounttire.com



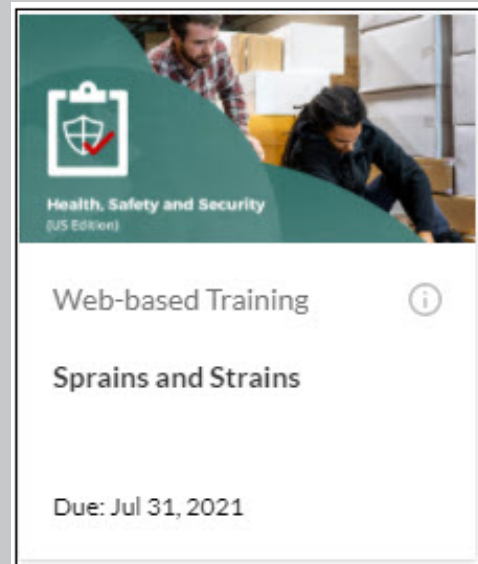
Complete the Training Module:

- Complete the ***Sprains and Strains*** training module
- After completing the training module, you will be required to **complete a course test**
- **Share the information** with your people



DTU Acknowledgement:

- After reviewing the monthly training module with your people, have them log into their DTU and complete the ***Sprains and Strains*** acknowledgement





FALL PROTECTION EQUIPMENT INSPECTIONS FOR HARNESS AND SELF-RETRACTING LIFELINES

OSHA fall protection equipment inspection guidelines require that employers perform regular equipment inspections on lifelines, harnesses, and SRLs to ensure that their gear is up to date and compliant with the proper safety standards. Fall protection equipment should be personally inspected before each use by a **Certified MHE Operator** and at least twice a year by a **DTC Safety Leader**.

Fall protection equipment can become damaged or worn to the point that it is no longer safe for use. This can include rips, tears, or any other defects. Inspecting the integrity and function of your fall protection equipment gives you the opportunity to remove from service any equipment that does not pass the inspection requirements and to avoid any equipment failure in the event of a fall.

Fall Protection Harness Inspection

A safety harness inspection should be personally conducted before each use. When inspecting your harness look for stitching that may be broken or clasps that don't function smoothly. Examine all webbing, belt ends, rivets, and D-Rings. These few minutes could save your life.

Self-Retracting Lifeline Inspection

SRLs (self-retracting lifelines) need a little more attention than other pieces of fall protection equipment during an inspection since many of their components are hidden from view. Be sure to check that all labels are intact. Look for evidence of any damage to the housing, lifeline, and connectors. Fully extend the line to inspect the webbing. Ensure that the line retracts fully and smoothly. Check that the emergency stop engages quickly. Examine if the line is permanently twisted from overuse.

If equipment needs to be removed from service or is questionable, see a Safety Leader or Manager for guidance. Safety Leaders should ensure their site has at least two of each Fall Arrest components on hand as a backup to replace tagged out items. Components that have failed inspection should be disposed of immediately to prevent the possibility of reuse.

Review and Share:

- Share the information you read with your people

Safety equipment should be stored properly



Hang the harness from the overhead guard when not in use



Never hang a harness from the handrail or let it lay on the platform



FEEDBACK ON THIS MONTH'S TOPIC

1. Did you find the information in the training module beneficial? How will you apply what you learned about sprains and strains?
2. How will you make sure that fall protection equipment inspections have been completed? What will you do to ensure the equipment that has failed inspection is no longer in use?