

SAFETY FOCUS

JULY 2021

DISCOUNT[®] AMERICA'S[®]
TIRE **TIRE**

LET'S GET YOU TAKEN CARE OF®

FACILITIES

This year, we will be working with you to encourage safety participation from everyone at your location. To do this, you will have your own Facilities safety specific topics.

ACTION ITEMS

- Complete the DTU training
- Review and share the safety topic with your people
- Leave feedback

Electrical Safety Common Injuries



INSTRUCTIONS

In the next pages, you will see DTU Extended Learning training modules as well as a safety topic for the month. ➤



We have included these safety topics as they pertain to you and your people.

- 1 Print out this Focus, review the information, and **complete the action items**.
- 2 Each section has action items to help you and your team complete this Safety Focus. **Review each section carefully.**
- 3 Each Safety Leader will need to **complete the DTU training module** for the month. You will be required to complete a course test following the training module.
- 4 Once all the action items are completed, **have a group discussion** about your findings and answer your feedback questions as a team.

FEEDBACK ON THIS MONTH'S TOPIC

All feedback must be submitted through the Safety Feedback Portal.

Safety Leader: You will find the feedback questions at the end of this Safety Focus.

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ELECTRICAL SAFETY IMPACT: COMMON INJURIES DTU EXTENDED LEARNING

This course is designed to help you understand the causes of an electrical shock, the factors that determine the severity of the shock injury, the effects of an electrical shock, and the recommended steps to be taken in the occurrence of an electrical shock.

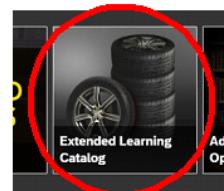
Follow the instructions below to log in and complete your DTU Extended Learning training module.

Log in to the DTU Extended Learning Catalog:

- Log in to DTU on the Knowledge Center
- Locate the Extended Learning Catalog



For first time logging in to the Extended Learning Catalog, follow the instructions by [clicking here](#)



- Click on View Compliance and select your training module

If you have any questions during the login process, please contact

dtu_learning@discounttire.com

Complete the Training Module:

- Complete the **Electrical Safety Impact: Common Injuries** training module.
- After completing the training module, you will be required to **complete a course test**
- **Share the information** with your people

NEW

Only Managers and Safety Leaders will be assigned the DTU training course.

After reviewing the training module, share the information you learned with your people.

Have your people log into their DTU account and complete the Acknowledgement.

DTU Acknowledgement:

- After reviewing the monthly training module with your people, have them log into their DTU and complete the **Electrical Safety Impact: Common Injuries** acknowledgement.



HEAT STRESS PREVENTION

Review the
HEAT STRESS SAFETY AWARENESS
information and share with your people



Heat Stress Safety Awareness

There have been **7 heat-related illnesses** in 2021. Most of them have occurred while employees were doing inventory or during air checks. The diagnosis of these heat-related illnesses was severe dehydration.

We must continue to ensure our people are being safe when working in the heat. Taking the necessary steps to prevent a heat-related illness is crucial. Physical activity and high heat can be dangerous and cause overheating of the body as well as dehydration.

Water Bottles

Beginning July 7th, stores will be receiving Discount Tire water bottles. Once received, please:

- Distribute water bottles to your people
- Have your people write their name on their water bottle
- Fill Up & Drink Up



Safety Measures.

- know the signs of heat stress
- take breaks when needed
- be aware of heat factors

Stay Hydrated.

You should drink water every 15-20 minutes.

Avoid drinking energy drinks and caffeinated drinks.

Signs of Heat Stress.

- Confusion
- Nausea/Vomiting
- Headache
- Weak Pulse
- Increased body temp.
- Fainting

Protective Measures.

- Cooling Towels
- Sunscreen
- Shades/Canopies
- Fans

Four Heat Factors.

- Temperature
- Humidity
- Radiant Heat
- Air Velocity



FEEDBACK ON THIS MONTH'S TOPIC

1. Did you find the information in the training module beneficial? How will you apply what you learned in the Electrical Safety Impact: Common Injuries training module?
2. How will you and your team prevent heat-related illnesses during the summer months?