

SAFETY QUALITY FOCUS

AUGUST
2023

LET'S GET YOU TAKEN CARE OF

DISTRIBUTION CENTERS

This year, we will be working with you to encourage safety participation from everyone at your location.

ACTION ITEMS

- 1 Complete the DTU training
- 2 Review and share the safety topic with your people
- 3 Leave feedback



INSTRUCTIONS

In the following pages, you will see an AOR icon that corresponds to the section for that AOR. We have set aside actions for the different AORs to complete in this communication.

- 1 Print out this Focus, review the information, and **complete the action items**.
- 2 Each section has action items to help you and your team complete this Safety Focus. **Review each section carefully.**
- 3 Each Safety Leader will need to **complete the DTU training module** for the month. You will be required to complete a course test following the training module.
- 4 Once all the action items are completed, **have a group discussion** about your findings and answer your feedback questions as a team.

FEEDBACK ON THIS MONTH'S TOPIC

All feedback must be submitted through the Safety Feedback Portal.

Safety Leader: You will find the feedback questions at the end of this Safety Focus.

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DISTRIBUTION CENTER

HEAT ILLNESS PREVENTION

SAFETY QUALITY FOCUS
AUGUST 2023

It's your job to share this information with your people

DID YOU KNOW IN THE UNITED STATES....

702

An average of **702** heat-related deaths occur each year.



67,512

Each year, there are **67,512** emergency department visits due to heat, on average.



9,235

Each year, an average of **9,235** people are hospitalized due to heat.



BE PREPARED

Heat Illness Prevention List

COOL DRINKING WATER & DRINKS

- Make sure drinking fountain / bottle filler is clean and working
- Order some Gatorade and a pump from EZ- Garage
- Get a cooler and fill it with bottles of water

what
does
your list
look
like?

EDUCATE MY PEOPLE ON HEAT ILLNESS PREVENTION

SHARE

- Staying hydrated throughout the day is SUPER important!!!!
- 24-32 ounces of water per hour (about 2 bottles of water)
- Stop work and let someone know if you're not feeling well
- Share the first signs of illness →
 - Heavy Sweating
 - Dizziness/headache
 - Cramps
 - Fast Heart Rate
- Use the buddy system (especially watch out for new people)

ENERGY
DRINKS

OTHER STUFF TO ORDER

- Order and hang up Heat Posters from DT Prints. (Urine charts go in the bathroom)
- Order cooling towels from EZ Garage

Order if you or your people need any of the following items:

Links on where to order the items from are provided below:

- **Cooling Towels** - [EZGarage](#)
- **Water Bottles** - [DT Promotions](#)
- **Sun Hats** - [Imagine Solutions](#)
- **Gatorade** - [EZGarage](#)



CALL TO ACTION: As a team, come up with a plan to prevent heat illness.

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DTU: Forklift Operation 1: Safety Inspection and Maintenance

In this course, you will learn when and how to inspect a forklift and what to do in the event an equipment problem is discovered. You will also learn the necessary precautions to take and procedures to follow when refueling gasoline, diesel, and propane-powered forklifts and when changing or recharging battery-powered units.



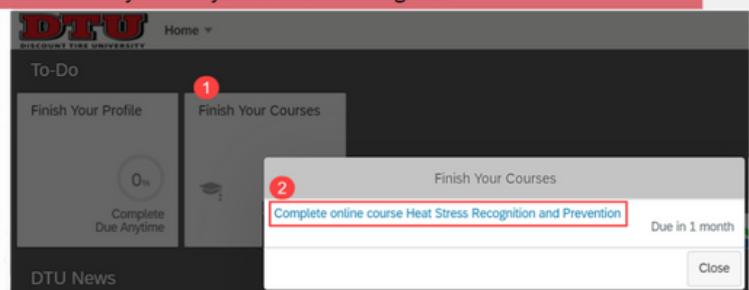
ACCESS TO THE TRAINING MODULES

This month, you will be accessing the course through DTU. Managers and Senior Assistant Managers will both access the course assignments (safety course and acknowledgements) from the **DTU learning system To-Do List**.



Below, you will see an example of how this assignment will look:

1. Log into the DTU learning system using your employee ID and Okta/Windows login. On the homepage, click Finish Your Courses.
2. Click the name of the safety course you have been assigned.



Call to action: Complete the **DTU: Forklift Operation 1: Safety Inspection and Maintenance** training module and share what you learned with your people.

Contact dtu_learning@discounttire.com for troubleshooting.

FEEDBACK ON THIS MONTH'S TOPIC

1. What did you learn from the training module **DTU: Forklift Operation 1: Safety Inspection and Maintenance**?
2. How will you make sure your people understand the material in its entirety?