

SAFETY QUALITY FOCUS

MAY
2023

LET'S GET YOU TAKEN CARE OF

DISTRIBUTION CENTERS

This year, we will be working with you to encourage safety participation from everyone at your location.

ACTION ITEMS

- 1 Complete the DTU training
- 2 Review and share the safety topic with your people
- 3 Leave feedback



INSTRUCTIONS

In the following pages, you will see an AOR icon that corresponds to the section for that AOR. We have set aside actions for the different AORs to complete in this communication.

- 1 Print out this Focus, review the information, and **complete the action items**.
- 2 Each section has action items to help you and your team complete this Safety Focus. **Review each section carefully.**
- 3 Each Safety Leader will need to **complete the DTU training module** for the month. You will be required to complete a course test following the training module.
- 4 Once all the action items are completed, **have a group discussion** about your findings and answer your feedback questions as a team.

FEEDBACK ON THIS MONTH'S TOPIC

All feedback must be submitted through the Safety Feedback Portal.

Safety Leader: You will find the feedback questions at the end of this Safety Focus.

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DISTRIBUTION CENTER

HEAT ILLNESS PREVENTION

SAFETY QUALITY FOCUS

MAY 2023

It's your job to share this information with your people

DID YOU KNOW IN THE UNITED STATES....

702

An average of 702 heat-related deaths occur each year.



67,512

Each year, there are 67,512 emergency department visits due to heat, on average.



9,235

Each year, an average of 9,235 people are hospitalized due to heat.



BE PREPARED

Heat Illness Prevention List

COOL DRINKING WATER & DRINKS

- Make sure drinking fountain / bottle filler is clean and working
- Order some Gatorade and a pump from EZ- Garage
- Get a cooler and fill it with bottles of water

EDUCATE MY PEOPLE ON HEAT ILLNESS PREVENTION

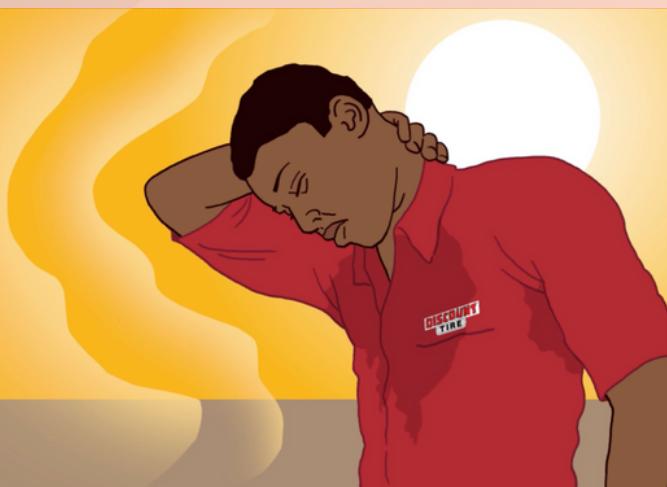
SHARE

- Staying hydrated throughout the day is SUPER important!!!!
- 24-32 ounces of water per hour (about 2 bottles of water)
- Stop work and let someone know if you're not feeling well
- Share the first signs of illness
 - Heavy Sweating
 - Cramps
 - Dizziness/headache
 - Fast Heart Rate
- Use the buddy system (especially watch out for new people)

ENERGY DRINKS

OTHER STUFF TO ORDER

- Order and hang up Heat Posters from DT Prints. (Urine charts go in the bathroom)
- Order cooling towels from EZ Garage



Call to action: Share this information with your people in your next morning huddle.

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DTU: Heat Stress Recognition and Prevention

Each year, more people in the United States die from extreme heat than from hurricanes, lightning, tornados, floods, and earthquakes combined. This course will discuss the effects of heat on your body, outline the risk factors for heat-related illnesses, and describe the associated treatments for each. This training will also explain several control measure techniques and safe work practices that you can use to prevent heat-related stresses.

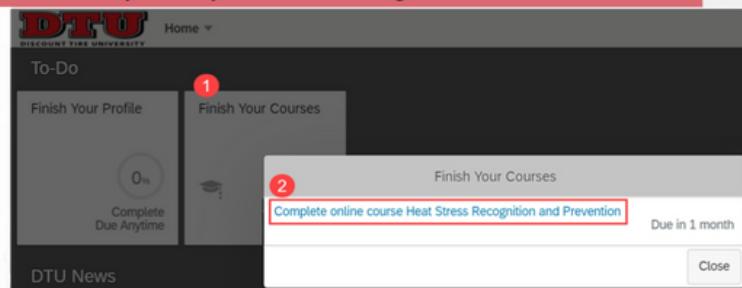


ACCESS TO THE TRAINING MODULES

This month, you will be accessing the course through DTU. Managers and Senior Assistant Managers will both access the course assignments (safety course and acknowledgements) from the **DTU learning system To-Do List**.

Below, you will see an example of how this assignment will look:

1. Log into the DTU learning system using your employee ID and Okta/Windows login. On the homepage, click Finish Your Courses.
2. Click the name of the safety course you have been assigned.



Call to action: Complete the **DTU: Heat Stress Recognition and Prevention** training module and share what you learned with your people.

Contact dtu_learning@discounttire.com for troubleshooting

FEEDBACK ON THIS MONTH'S TOPIC

1. What did you learn from the training module **DTU: Heat Stress Recognition and Prevention**?
2. How will you make sure your people understand the material in its entirety?